

Anima Women's Network
On Line Advent Retreat 2017

Reflection Sheet 3rd Sunday

Gospel of the day

John 1:6-8, 19-28

A man named John was sent from God.
He came for testimony, to testify to the light,
so that all might believe through him.
He was not the light,
but came to testify to the light.

And this is the testimony of John.
When the Jews from Jerusalem sent priests
and Levites to him
to ask him, "Who are you?"
He admitted and did not deny it,
but admitted, "I am not the Christ."
So they asked him,
"What are you then? Are you Elijah?"
And he said, "I am not."
"Are you the Prophet?"
He answered, "No."
So they said to him,
"Who are you, so we can give an answer to
those who sent us?
What do you have to say for yourself?"
He said:
"I am *the voice of one crying out in the desert,*
'make straight the way of the Lord,'
as Isaiah the prophet said."

Some Pharisees were
also sent.
They asked him,
"Why then do you
baptize
if you are not the
Christ or Elijah or the
Prophet?"
John answered them,
"I baptize with water;
but there is one
among you whom
you do not recognize,
the one who is
coming after me,
whose sandal strap I
am not worthy to
untie."
This happened in
Bethany across the
Jordan,
where John was
baptizing.

Prayer for the Week

*This week let us thank
God for the ultimate gift
of love that He gave us.*

*We ask Him to help us
respond to the graces He
sends for our holiness.*

*That we choose to love
like him, seeking the good
of others, so that we can
experience the joy in our
salvation that He has
promised.*



'Mother of Life'

Reflection Questions on the Video

- God asks of us to be holy. What kinds of practical steps can we do to make this a priority in our lives?
- We are called to be saints. Do we have particular saints in our lives who inspire us? Should we learn more about the saints and how they can point us towards God and the ultimate aim of our holiness?
- Do we get caught up in our secular culture's idea of love as an emotion?
- 1 John 4:8 is the scripture passage where it states "*God is Love*". Meditate on what this means and how God shows you He loves you. How can we respond to His love?
- Love is an action. How can we be active in our love in our day to day lives towards those around us?
- Reflect on joy as an effect of love. When have we experienced joy like this? How can we share our joy with others?
- To foster joy in others do we need to show our gratitude more to the love that they show us?